

OCCUPATIONAL DISCOMFORT SURVEY

NAME

EMPLOYEE NUMBER

LOCATION

JOB CATEGORY

We are instituting an occupational discomfort survey in an effort to exceed our employee health and safety goals.

Complete this survey at the end of your daily shift.

Please be candid in your selection.

This visual pain perception scale lets you rate pain and discomfort from 1 to 10 (10 being the worst pain).

(Circling a '6' says "mild pain".)

Write your pain level number in the pain score box.

Total the pain score boxes.



Foot Pain

0 Absolutely no pain 1 2 Mild pain 3 4 Moderate Pain 5 6 Very Uncomfortable 7 8 Severe Pain 9 10 Horrible Pain

Circle the number that represents your pain level at the end of the day. Write that number in the Pain Score Box.

Pain Score

Knee Pain

0 Absolutely no pain 1 2 Mild pain 3 4 Moderate Pain 5 6 Very Uncomfortable 7 8 Severe Pain 9 10 Horrible Pain

Circle the number that represents your pain level at the end of the day. Write that number in the Pain Score Box.

Pain Score

Leg Pain

0 Absolutely no pain 1 2 Mild pain 3 4 Moderate Pain 5 6 Very Uncomfortable 7 8 Severe Pain 9 10 Horrible Pain

Circle the number that represents your pain level at the end of the day. Write that number in the Pain Score Box.

Pain Score

Back Pain

0 Absolutely no pain 1 2 Mild pain 3 4 Moderate Pain 5 6 Very Uncomfortable 7 8 Severe Pain 9 10 Horrible Pain

Circle the number that represents your pain level at the end of the day. Write that number in the Pain Score Box.

Pain Score

Headache

0 Absolutely no pain 1 2 Mild pain 3 4 Moderate Pain 5 6 Very Uncomfortable 7 8 Severe Pain 9 10 Horrible Pain

Circle the number that represents your pain level at the end of the day. Write that number in the Pain Score Box.

Pain Score

TOTAL PAIN SCORE

NOTES:

List any devices that you may be using to reduce occupational discomfort or pain?

(Consumer Insoles, Mats, Special Shoes, etc)

Suggestions: