

REORDER SIZE CHART									
Model	xs	ø	S2	М	M2		L2	XL	xx
Men		5 to 6.5	7 to 8	7 to 8 Wide	7.5 to 9		9.5 to 10.5	11 to 13.5	14 to 16
Women	5 to 7	7.5 to 8	9 to 10	8.5 to 10 Wide	9 to 10.5		11 to 12		

There are eight **DYNAFLOW™** insole size ranges. They fit well in most shoes and boots without trimming however you should make certain that your insoles fit properly. Fold the toe of the insole like a "taco" and insert it into the shoe with the embossed side down. Check to confirm that the tip of the insole is not jammed against the tip of the toe box.

(Normally trimming the length isn't necessary however you may use sharp scissors to remove segments less than 1/8" thick along the contour of the tip of the insole.)

You cannot trim the width! Do not cut into the bladder!

# Limited Warranty

#### **Satisfaction Guarantee:**

You may return the product for a refund if, within 30 days of purchase, you are not satisfied with the product. Just contact your seller to complete a return authorization. Refund of selling price will be sent within 7 to 15 business days after seller's receipt of product.

#### **Manufacturers Defects**

 Products that exhibit a manufacturing defect within 60 days of purchase will be replaced. Contact your seller within 60 days of purchase for a return authorization for product inspection.
 Warranty Replacement Insoles shall be shipped within 3 to 7 business days.

**NOTE:** This warranty covers manufacturers defects only. Be certain to clean your insoles once a week so they will last a very long time.

Register your Limited Warranty within 3 business days of purchase by taking a picture of your receipt and emailing it to Info@Foot-Happiness.com.

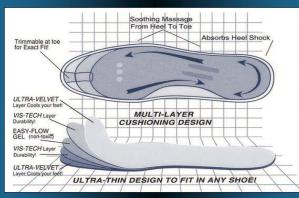
Seller's liability is limited to; refund of product price for 'Satisfaction Guarantee' and one-time product replacement for a manufacturing defect.

# Your **DYNA**FLOW<sup>TM</sup> representative is:



# Hydraulic Powered Anti-Fatigue Insole For Industrial Health & Wellness





## Congratulations on your purchase of **DYNA**FLOW™ **Hydraulic Powered Dynamic Anti-Fatigue Insoles.**

These insoles utilize hydraulic technology to reduce occupational foot, knee, leg and back fatigue / pain.

# "Hey... these things feel weird!"

DYNAFLOW<sup>TM</sup> Insoles will feel really strange the first time you wear them in your shoes! Typical comments from workers experiencing dynamic hydraulic insoles for the very first time include: "weird, really weird, but a really GOOD weird," The feeling of non-stop fluid massaging along the bottom of your feet from heel to toes is a 'good weird'.

**NOTE:** Our insoles use a unique hydraulic technology that feels quite different as it interacts dynamically with your feet with every step or posture change. Our users say that they provide a far superior experience when compared to the lesser level static (non-active) floor mats or foam/rubber "anti-fatigue" insoles.

## **Getting accustomed to DYNA**FLOW™ **Hydraulic Technology**:

The dynamic nature of the non-toxic fluid in the insoles has a therapeutic effect. **DYNAFLOW**<sup>TM</sup> non-stop hydraulic technology absorbs heel impact and augments blood circulation to the muscles of the foot and leg from the first moment you experience them. Some workers may notice a short-term warming effect that occurs as blood circulation increases.

#### NOTE:

It may take as little as 2 hours ... or as long as a week get totally acclimated to the insoles. Be patient as rour reward will be much greater comfort.

A very small group of **DYNAFLOW**<sup>TM</sup> users have reported some initial foot or leg muscle fatigue during the first few days of using the insoles as their feet become more elastic (the equivalent of muscle 'work-out' soreness).

#### If necessary, try following this seven day "break in" routine.

- Days 1—2 Wear for 2 to 3 hours and remove if fatigued Days 3—4 Wear for 3 to 4 hours and remove if fatigued
- Days 5—7 Wear for 5 to 8 hours and remove if fatigued

## Take care of your insoles and they will take care of you!

Your **DYNA**FLOW<sup>TM</sup> hydraulic anti-fatigue Insoles can last from 12 to 18 months if you follow these instructions.

Keep your insoles free of grit because that is what wears holes in the bladder.

To ensure long life: just hand wash them at least every week in a mild detergent then air dry.

# **Foot Facts:** Occupational foot / back pain:

**DYNAFLOW**<sup>TM</sup> hydraulic powered anti-fatigue insole technology is based on Archimedes 2500 year old principle of physics that states;

"Fluid moves in response to pressure"

## Do you walk on hard surfaces or stand in a limited area throughout the day?

Our pain perception surveys and clinical trial data confirm that DYNAFLOW dynamic hydraulic technology is effective in reducing lower extremity fatigue as well as foot, knee and back pain by an average greater than 80%.

The foot, ankle, legs and back pain among active workers is typically created by heel impact while walking on hard surfaces. Workers who stand in a limited area throughout the day often experience foot pain and lower extremity swelling (edema) typically caused by a lack of adequate circulation.

**DYNA**FLOW<sup>TM</sup> dynamic hydraulic technology absorbs >90% of the impact of heel strike and also aids in improving circulation in the lower extremities. This results in a significant reduction in job related discomfort and fatigue.

## How does a dynamic hydraulic insole work?

The insole utilizes a gated bladder that creates two stages of non-stop hydraulic action.

- 1.) When the heel strikes the floor the fluid in the heel dampens >90% of heel strike that would otherwise jolt the kinetic chain (the foot, ankle, knee and back). That successfully reduces the primary cause of foot, knee and back pain.
- 2.) As the foot goes forward the heel (and then the bottom of the foot) creates hydraulic pressure off-loading. This drives fluid forward through directional gates that create a massaging wave of fluid that flows along the bottom of your foot. That non-stop massaging action augments lower extremity circulation resulting in reduced fatigue in your feet and legs.

#### The fluid is always in motion.

As the foot continues forward the fluid is pushed back into the heel of the insole and the cycle is repeated.

### Try this if you start to feel leg or foot fatigue:

The simple action of changing postures while standing or gently rocking back and forth (heel to toe) amplifies circulation and can refresh your feet and legs.

Visit www.Foot-Happiness.com to see how real life industrial, healthcare and public service product validation trials clearly show how effective **DYNA**FLOW™ hydraulic technology can be.